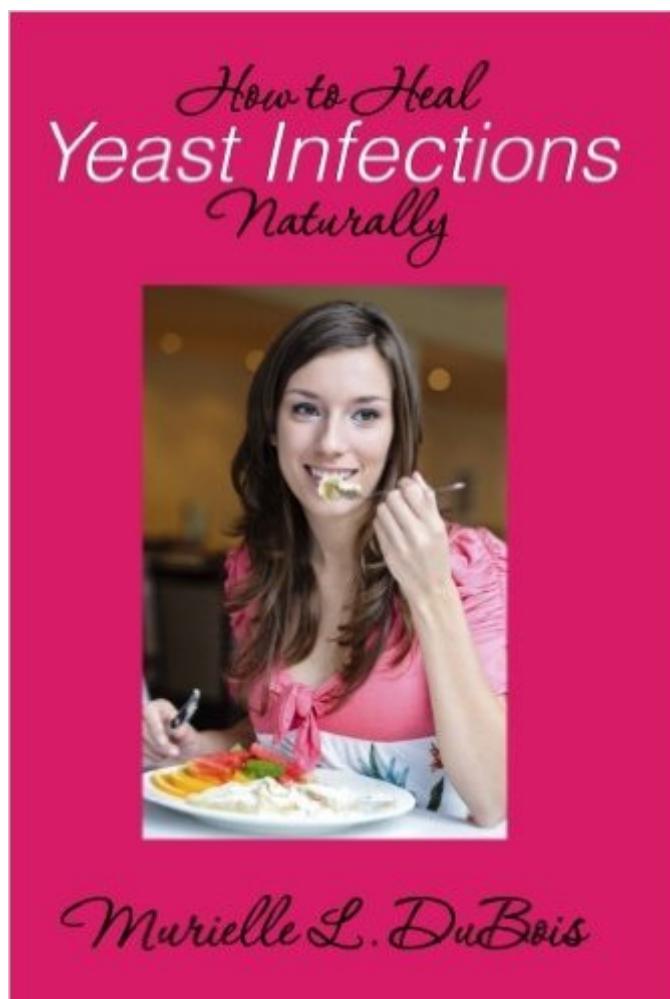


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# How To Heal Yeast Infections Naturally: A Holistic Approach To Curing Candida Overgrowth



## **Synopsis**

Health is my passion, and I want to share with you my knowledge and personal experience with yeast infections. I finally found a solution to keep them under control, and I want to share it with the whole world. I want women to know that they don't have to suffer with yeast infections, and they don't need to use Canesten (the brand name for Clotrimazole, a common antifungal medication). There are healthier alternatives! As a result of reading this book, you will:

- Learn how to cure your yeast infection with a holistic approach
- Learn what to do about Candida albicans
- Learn how to get off of a yeast infection
- Learn specific ideas about what works best for you
- Stop suffering from yeast infections
- Eliminate Canesten and take control over your health

Overcome objections to yeast infections

- Learn what the makers of Canesten might not tell you
- Learn what a yeast infection is and its possible causes
- Recognize symptoms of a yeast infection and eliminate them in twelve hours
- Learn if it is safe to have sex while suffering from a yeast infection
- Learn about food sensitivities and alternatives
- Stay healthy despite stress, and regain your lost energy and vitality
- Be in harmony with your mind, body, and soul
- Improve your health and pursue activities you enjoy

How to Heal Yeast Infections Naturally is the most current and concise book on this subject and it is designed to help millions understand and overcome candida overgrowth.

## **Book Information**

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## **Customer Reviews**

I do like this book because it tells you what you can do to heal on as simple as eating crush raw

garlic to treat candida. And also that you have to treat candida before you focus on the leaky gut because it might be caused by candida sitting in the walls there spreading out into even other organs. There are so many things you can do to heal naturally and it doesn't involve extremely expensive pills. I like that she also mentioned the connection of candida-leaky gut- autoimmune diseases or other sicknesses and how our immune system suffers caused by candida. She also teaches that candida is driving on sugar, starches, pasta, rice, bread, yeast, milk etc., so that's the stuff to avoid. The book reads easy and is definitely a good buy for anyone who wants to get well or is interested in the knowledge of living well.

This lady has done her research very well. Her explanation and treatments are easy to follow. I'm still following it but already I see results. Anyone with this common problem can gain from it. Her best advise on this subject is "DO AN ALLERGY TEST" Good work Murrielle'

In this book, you'll learn prevention, treatment and diet tips to help keep yeast infections from occurring. Information is detailed and very helpful. I'm certain you'll recognize many things you've been told over the years, or heard of. Ms DuBois' research for this book is first rate. With this handbook, you have no reason to ever suffer from yeast infections. Ms DuBois wrote this in an easy to understand way. Many books of this nature read so clinically, this one is like a conversation with a friend. I really liked the idea of having a list of doctors you can talk to about yeast infections, or see to be treated. I recommend this book for your library. You'll refer to it again and again. I found no issues with this one. I gave this one 5 stars out of 5 because it's a terrific resource to have. ~Copy of book provided by author in exchange for a fair review~

This book is very informative and important one for any woman to have. The author wrote an easy to read, yet detailed book on how to prevent, cure, and treat yeast infections using a holistic approach. I knew a little about yeast infections before reading this book, but the book taught me so much more. I honestly knew nothing about Candida growth and what I should be doing about it. It was also refreshing to know I can avoid using Canesten as I am all for taking care of myself in a safe and natural manner. There is a wealth of information throughout this book that simply cannot be covered in a review. It is an excellent resource and I guarantee any reader will learn a great deal from it.

I am PhD in biological sciences and worked a long time as toxicologist. In fact during this work I've

got the problem with Candida first time. Exposition to some toxic compound shifted balance in my body and yeast started grow uncontrolled. It had been long time ago- in 80 th of last century and there was not a lot information on alternative methods of treatment- only some grandmother remedies. So I spent a lot of time until I cured it. Pity I didn't have such wonderful book at that time. Now though I do not have outbreak of Candida problem for a long time I am usually read, buy and store the information about this problem. As well as about any other health problem I had before. In case to know the best way to deal with sudden outbreak. I think that this book will be the pearl of my collection. Some natural remedies listed in this book are very interesting and I'll try now one or two which have broad effect on health, not only on Candida.

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